



## Champlain ABI Coalition Meeting Minutes

[www.champlainabicoalition.com](http://www.champlainabicoalition.com)

**December 6, 2019 @ 9h00**

**Champlain LHIN, 4200 Labelle Street in the Boardroom**

**Attendees:** Suzanne McKenna (recorder), Denis Boileau (Vista), Patsy McNamara (TOHRC), Christie Swann (Pathways & BIAOV), Joanne Winkel (Aphasia Centre), Leanne Boisvert (CHEO), Gazal Kukreja (ONF guest speaker)

**Regrets:** Tammy St. Jean, Darlene McKenny (Pathways), Genevieve Parent (CHEO), Michelle McDonald (BIC), Steve Vachon (Addictions), Deborah Williams (MOD), Sonshire Figueira (TOH, Civic), Beth Donnelly (Stroke Network), Katie Jacobson-Lang (City of Ottawa), Sylvia Pearce (TOHRC), Shaundra Ridha (Champlain LHIN)

*Presentation:* Gazal Kukreja of ONF - Brain Injury Speaks (see attached PowerPoint)

1. Confirmation of the agenda: confirmed D. Boileau
2. Approval of the minutes: September 6, 2019 - approved D. Boileau  
Action Items from the minutes completed
3. System Navigator Report S. McKenna
  - **Education/Awareness including Provincial ABI Screener:**
    - **Caregiver Workshop** hosted by Nancy LaJoie, Caregiver Educational Specialist of OBIA at TOH on November 4<sup>th</sup> was a full house with approximately 30 caregivers present. There were also exhibit tables including the Vista Centre, Pathways to Independence, TOHRC, and the City of Ottawa.
    - **Geriatric Team Meeting:** in house presentation to the team.
    - **Bruyere Inpatient Stroke Rehab:** Presentation to staff including social workers, physiotherapists, OT's and SPLT's.
  - **Provincial Navigator Meeting Highlights:** attended the Navigator Retreat in Toronto at ONF. The Ministry was in attendance (Jacky Sweetnam & Oneika Porter). One of our Navigators presented to the Ministry the Provincial ABI System as well as Gaps & Barriers Overview. Judy Gargaro of ONF discussed Data requirements & needs, the ABI Navigator Role and the importance of ABI in OHTs.
  - **MOD Opening Doors to Accessibility:** Attended event at the St. Elias Centre. The highlight of the day was accessible travel.
  - **DSO:** attended an information session "Creating your individualized Housing Plan" hosted by the DSP Housing Navigator, Martha Beach based on their DSO Housing Tool Kit <https://www.dsontario.ca/resources/housing/a-guide-to-the-dso-housing-toolkit>  
Attended a Housing meeting organized by the Housing Navigator which included a panel discussion with local families who have their own housing plan.

- **HSJCC:** we have had two meetings in the past three months and am actively involved with the Education & Training Sub-Committee.
- **Regional Trauma Network:** In 2018-2019, The Ottawa Hospital (TOH), admitted 906 patients for trauma care. This represents a 5.8% increase in volume from the previous year. Falls and Motor Vehicle Collision remains the leading causes of injury (42% and 38% overall)
- **PODS Project Meeting:** Patient Oriented Discharge Summary meeting providing an extensive update on the project. The group have been working diligently to add the patient discharge bundle to their electronic health record. The ABI Navigator contact information is included in the patient discharge form.
- **2019 Best Practices in Post-Trauma Community Re-Integration:** Attended on Nov. 25. This year's theme focused on Neuroplasticity-Rebuilding the Brain by Making new Connections.
- **Webinars:** attended various Planning Network Webinars including Understanding your Legal Rights, ODSP, Building a Foundation for Supportive Relationships, How to Recruit, Hire and Manage Support Workers, The Disability Tax Credit, How to Create a home for a person with an IDD, without a group home, disability, Mental Illness & Estate Planning including information on Henson Trusts and Guardianships.  
Also partaker in an OBIA webinar "Pacing & Planning Strategies to help after Acquired Brain Injury.
- **Intakes and referrals:** Referrals, Navigator calls, continue to increase received from survivors, families, physicians, health professionals and colleagues.

#### Upcoming Conferences/Education Opportunities:

- **Brain Injury Canada Conference:** April 30 & May 1, 2020 at the Ottawa Convention & Event Centre
- **Hamilton ABI Conference:** May 2-3, 2019 at the Hamilton Convention Centre which will focus on neurobehavioural rehabilitation for individuals with acquired brain injury, complex mental health and/or addiction challenges.

4. **PABIN Update :** No update D. Boileau

5. **LHIN Update:** No update

6. **Strategic Priority Working Groups Update**

ABI Quality Working Group (tabled)  
Housing

7. **Old Business**

Review of Strategic Plan – Directions for the upcoming year: No updates D. Boileau

8. **New Business:**

Client or Family Advisory Committee for ABI: no update W. Muckle

Housing proposal – asking organizations to put in proposals – Vista, TOHRC and Pathways. Proposal was for \$800,000 operational dollars/year. The time limit was short.

9. **Member Updates:**

**TOHRC:** Sylvia Pearce - The Patient Oriented Discharge Summary project has gained some momentum. I have attached a document with a detailed description of project. We have been incorporating the elements of the PODS into the After Visit Summary in EPIC. This adaptation

has taken much effort, but things are now flowing much smoother. All of our Allied Health professionals and a group of our nurses have been educated in the process of completing the After Visit Summary in EPIC. The remainder of the nursing team and physicians will be educated in the new year. This information is reviewed with patients and their caregivers approximately 1 week prior to discharge and then again on the day of discharge.

The project team recently presented to a group of hospital and community providers and stakeholders. We obtained feedback on elements of information that should be incorporated into the After Visit Summary, particularly on caregiver supports.



PODS Regroup  
October 2019.docx

This project will wrap up in April, and I would love to present to the group on the work we have done in the spring.

**Aphasia Centre:** Joanne Winckel - Aphasia Action Group: The Aphasia Action Group is an aphasia advocacy group (5 clients with aphasia and a speech-language pathologist as a facilitator). We meet for 2 hours a week and plan activities such as inviting politicians and journalists to come and learn about the challenges of living with aphasia. In January 2020, 2 first year medical students from the University of Ottawa will take part in the Aphasia Action Group activities for 8 weeks.

**Neurology Residents:** Karen Mallet (S-LP from the Ottawa Hospital and the Champlain Regional Stroke Network) and I will conduct a 3 hour workshop in April for neurology residents on communication disorders and communication techniques for talking with patients with aphasia. One of the hours of the workshop will involve hands-on practice with clients from the Aphasia Centre of Ottawa (ACO) and Karen and I will act as conversation coaches for the neurology residents.

**CHEO:** Lianne Boisvert - Recognition of importance for early consult to Rehab/OT/PT and discharge planning identified for TBI/ABI patients. Working with the Rehabilitation and discharge planning team order to identify these patients early in order to mobilise resources available early.

Genevieve Parent (Rehab nurse) or I will be attending Coalition meetings.

**Pathways:** Christie Swann - Continuing to work closely with the Renfrew family group to secure funding and housing and have put forward an application for funding through the LHIN as well as offered support for the application put forward by the Ottawa Hospital. Recreation program hours will increase in January as a result of creating a full time position within the program. An Admin Assistant has been hired three days per week at the Ottawa office. Client Service Manager Andy Shanks has retired and recruitment to fill his position will begin in the new year.

**BIAOV:** Christie Swann - Brain Basics course through OBIA coming to Ottawa March 7/8, 2020. Spots are limited, please see the OBIA website to register. Our 2019 Fall Fundraiser was a success at the new venue, the Bayview Yards. The Ottawa brain injury community was well represented at the biannual OBIA conference and past BIAOV president, Wendy Charbonneau, received the Pioneer award for volunteering.

**Vista Centre:** Denis Boileau - VCBIS sent 6 employees to the OBIA Provincial Conference. The Chair of the Board and I met with Joel Harden – MPP Ottawa-Centre, NDP party. He is the disability critic for the NDP party. We had a one hour meeting with him. We provided him and his staff with various statistics on the prevalence of ABIs in our region and on the role that VCBIS carries out to provide a service to this population.

VCBIS is looking for a caregiver who might be interested in joining our Board. If any of the partners around the table can think of anyone please advise me.

We have had some discussions with our local LHIN on the possibility of adding another day to our Day Program. We have provided them with costs estimates and will await their response. The Champlain LHIN as issued a funding request for supportive housing. The call for submission was issued November 13 and the deadline for submissions was December 4. VCBIS decided to put forth a submission to provide supported housing for people with an ABI. Six employees and clients participated in the Santa shuffle 5 km run. Everyone had a good time despite the cold weather.

**CMHA:** Lori St. Jean: has moved to 311 McArthur Road, Ottawa

**10.** Late Submissions: n/a

**11.** Waitlists status – n/a

**12.** Date of next meeting - March 6, 2020

**13.** Adjournment: 10:30 am

D. Boileau

**Upcoming Meetings for the year 2020:**

March 6, 2020

June 5, 2020

September 4, 2020

December 4, 2020