



MINUTES

June 14, 2019 @ 09h00

Champlain CCAC – 4200 Labelle St. Boardroom Suite 100

Attendees: Tammy Kuchynski, Suzanne McKenna (recorder), Denis Boileau (telephone), Stacey Moore, Patsy McNamara, Sylvia Pearce, Jamie Constable & Owen Brady (Champlain Community Support Network)

Regrets: Valerie Albert, Tammy St. Jean, Michelle McDonald, Darlene McKenny, Christie Swann, Lauren Smith, Wendy Muckle, Steve Vachon, J. Powell, Deborah Williams, Lori St. Jean, Sonshire Figueira, Andrea Speirs, Katie Jacobson-Lang

1. **Presentation:** Opportunities to expand navigation and e-referral on the Champlain Community Support Network's regional platform, Caredove. Jamie Watt and Jamie Constable, Champlain Community Support Network.

ACTION: Tammy to facilitate meeting with Jamie Constable and ABI partners – City of Ottawa, Vista Centre and Pathways to Independence to discuss further the ABI referral process on Caredove.

2. **Approval of Agenda: approved** T. Kuchynski
3. **Approval of the minutes: March 1, 2019** T. Kuchynski
4. **System Navigator Report** S. McKenna

- **Education/Awareness including Provincial ABI Screener:**

- Service Coordination for People with Developmental Disabilities
- CMHA, Court Outreach Team
- Joined the ABI Awareness Day Committee this year with the Vista Centre to assist with the planning of this year's event.

- **Provincial Navigator Meeting Highlights:**

- Presentation of a study "Supporting the needs of homeless persons with acquired brain injury. From diagnosis to housing and supports" by Dr. Sylvain Roy, Ph.D., C.Psych. Neuropsychologist, Inner City Family Health Team. It is a study funded by the MOHLTC in 2018. The ministry has asked for a report on gaps in clinical supports and housing services, wait times. Data for all regions has been retrieved to create a map that overlays needs as a function of population. This helps make a case for province wide resources. Dr. Roy is partnering with Navigators within the geography of the study; Ottawa, Toronto, York, North Western Ontario.
- The Navigator Retreat took place on May 1st in Hamilton. Judy Gargaro of ONF provided a healthy update. Miriam of the MOHLTC attended via telephone. Miriam recommended that the Navigator's work activities report be revised to reinstate the improved collaboration with Hamilton Health Sciences. Each of the Navigators provided ABI highlights/activities in each of their LHINs. I reported a few excerpts from Valerie Albert's ABI report including the recommendations.
- The Navigators have since received an email notifying us that responsibility for Ministry-Managed Community Support Service funding for Acquired Brain Injury (ABI) programs has been transferred from the Justice, Forensic and Supportive Housing Branch (JFSHB)

to the Home and Community Care Branch (HCCB). The Director of the Home and Community Care Branch is Amy Olmstead and the Manager is Debra Bell.

- **Networking:**

- **The Phoenix Network:** The program manager Suzanne Kingsley provided an update of their services including revised time limited treatment programs – a beginning, middle and end. So then there is an immediate understanding of when treatment begins, ends and the costs. Programs include: Client Peer Group, Individual Psychotherapy, Family Focused Cognitive Communication group, Cognitive Communication Group/Client, etc.
- **CHEO:** Meeting with Genevieve Parent of the CHEO Rehab Services to review their discharge process, linking her to Nancy Lajoie to plan a caregiver workshop, and reviewing the Champlain Health Line Primary Desktop Resource Guide for ABI.
- **OBIA – Caregiver Education Program:** Planning in the works with Wendy Spent and Nancy Lajoie for a Caregiver Education Workshop this fall in the Ottawa area.
- **Bridge-to-Home Spread Collaborative Project:** provided assistance in the updating of the Rehab Centre’s discharge guide as the project continues.
- **National Disability Summit:** took place this month with Bill C81, the Accessible Canada Act in place for this month with the main objectives of providing accessible employment, accessible infrastructure and communication. Universal approach to all. Minister Carla Qualtrough was present. The Accessible Canada Act has since been passed.
- **Ontario Psychotherapy Services Launch Event:** www.bouncebackontario.ca, BounceBack is provincially funded offering and is a free skill-building program designed to help adults and youth 15+ manage symptoms of depression and anxiety. Includes telephone coaching and workbooks and online videos with practical tips.
- **HSJCC:** Presentation by City of Ottawa Housing System Working Group, 10 Year Plan Report by Erin Bell the Program Manager, Strategic Initiatives. There are three priority areas to ensure everyone has a home, that people get the support they need and working with community partners. The plan is being called a refresh and will be submitted this October.
- Connected Vista Centre to MERIT Ottawa (Multiagency Early Risk Intervention Tables) supported by the Ottawa Police and partners or community agencies to represent ABI at the table. MERIT is an innovative Community Safety and Well-Bring Initiative that aims to reduce crime, victimization and improve community resiliency.
- Met the new ED, Heather Lacey of the Citizen Advocacy of Ottawa. The Lifetime Networks program is now a fee for service as the funding has been eliminated. The program basically works with families to create a personal support network for their loved one with a disability. The building of a circle of support is a safety net for when their caregivers are no longer there. The Matching Program continues to be subsidized.
- Reminder of the **Environmental Enrichment Study for TBI at Toronto Rehab** which is open to *all of Ontario* and accepting clients with *complicated mild, moderate, or severe TBI*. *"This study is delivering remote cognitive environmental enrichment to participants with traumatic brain injury. You will be assigned to receive a type of environmental enrichment exercise. Participation in the study will last for 4 months and you will be asked to complete the exercises for 1 hour each day, 5 days a week. The study will be completed online, so you will be able to participate from your home, as long as you have access to a computer and internet connection. You will be financially compensated for your participation."* Attached is the study flyer, referral form, and PowerPoint for your use.

- **Upcoming Conferences/Education Opportunities:**

- 7th Annual Concussion Research Symposium & 2nd Concussion in Women and Girls Conference – November 2 BMO Education & Conference Centre presented by the Canadian Concussion Centre
https://events.myconferencesuite.com/ConcussionSymp2019/reg/landing
- Provincial HSJCC Conference "Colouring Outside the Lines: Innovations and Creative Community Responses" November 4 – 6 Toronto
- OBIA Provincial ABI Conference "Forging New Pathways • Navigating Challenges • Exploring Breakthroughs" November 6 - 8 Niagara Falls

5. PABIN Update

T. Kuchynski

ACTION: Tammy will send minutes

6. LHIN Update

V. Albert

Re: ABI Concept Paper- basic aim is to increase resources in housing and community services
Valerie Albert has submitted the paper to the Vice-President of the Champlain LHIN about a month ago. Waiting on response.

7. Strategic Priority Working Groups Update

ABI Quality Working Group (Tabled)

V. Albert

Housing

D. McKenny

ACTION: Darlene to send Doodle Poll

8. Old Business

- Review of Strategic Plan – Directions for the upcoming year:** Tabled due to Health Care System transformation.

9. New Business: Implementation of Caredove for Intake

10. Member Updates:

Patsy -TOHRC: implementing a new health record system (EPIC) alliance between hospitals and family health teams. Will help with the waitlist management. Patients can have access to their charts and see their medical information.

Transition project continues to be implemented.

Stacey Moore - March of Dimes: Congregate living in Ottawa which has 24 hour support and is fee for service. Barrhaven supportive housing has 12 individuals (not ABI specific)
Her goal to meet partners to see where MOD fits. There is a huge need and how can MOD be a part of that.

Tammy -Vista Centre: **ACTION:** Tammy will send reports on SIL Program Evaluation; Smoking Cessation

Discovered a new location for their offices and programming. In the process of submitting an offer to Landlord. The address is 1550 Carling Ave with ample parking.

Denis Boileau – Vista Centre: Vista Centre has submitted a self-assessment to become an Ontario Health Team- Continuing Service of People with ABI. This is not the official name yet.

MOH will choose early adopters by September or October. The Vista proposal will probably be selected due to phone call received by Deputy Minister. They like the proposal. Denis has proposed a joint project with the University of Toronto. The University of Toronto has created a project whereby through the use of technology (telephone and computers) they can provide support and education to people with ABI's. They received funding from their local LHIN to establish such a project. The project serves mainly Toronto East and South. It has proven to be a convenient method to reach people while eliminating costs for transportation. This service is only offered in English and they would like to expand this service in French if they can find a suitable partner. Denis has forwarded a proposal to the team at U of T to propose a joint pilot project to develop this program in French and to offer it to potential Francophone clients in Eastern Ontario and especially those in a rural setting. If successful this program might be offered to other rural Francophone communities in Northern Ontario. BIA Day was very successful! Kudos to Tammy and remaining team for a very successful day. Press release sent to English and French media. The response was from the French media only. Denis will be chairing future meetings. Tammy will continue to partake in work groups as required.

11. Late Submissions: n/a

12. Waitlists status – n/a

3qwNext meetings:

Sept. 6, 2019

Dec. 6, 2019

Adjournment: 10:50 am.