



MINUTES

March 1, 2019@ 09h00

Champlain LHIN – 4200 Labelle St. Boardroom Suite 100

Attendees: Darlene McKenny, , Tammy Kuchynski, Christie Swann, Valerie Albert, Suzanne McKenna (recorder), Lauren Smith (telephone), Michelle McDonald, Denis Boileau, Wendy Muckle

Regrets: Tammy St. Jean, Steve Vachon, Stacey Moore, J. Powell, Deborah Williams, Lori St. Jean, Sonshire Figueira, Andrea Speirs, Katie Jacobson-Lang, Patsy McNamara

WELCOME

Approval of Agenda:

T. Kuchynski

1. **Approval of the minutes:** Dec. 7, 2018

T. Kuchynski

2. **System Navigator Report**

S. McKenna

• **Education/Awareness including Provincial ABI Screener:**

- John Howard Society of Ottawa – Bail officers

• **Provincial Navigator Meeting Highlights:** Veronica & Alice trying to connect with Miriam & Amy to arrange a meeting.

Angela Colantonio, Veronica & Alice to meet with Miriam regarding housing.

Two guests were present at the last teleconference meeting on behalf of Dr. Robin Green to present the Research Study they are currently working on. Participants are needed for the study. It is a remotely delivered, cognitive enrichment intervention for traumatic brain injury. Attached are the particulars of the Research Study in the event you have a participant that would benefit.

• **OBIA – Caregiver Education Program:** Attachments included are the Summary of Environmental Scan as well as the knowledge translation framework. The training program or half-day workshop sessions start in April at various locations across the province and extend through to the spring of 2020.

• **Bridge-to-Home Spread Collaborative Project:** There is an upcoming workshop in Toronto that 2 TOH staff will be participating in. Our next meeting is in April.

• **Parkwood Survivor & Family Education Series:** Attached is the finalized schedule for the survivor and family education series at Parkwood Institute –Acquired Brain Injury Program. No registration is required. Please feel free to share with everyone.

• **Renfrew ABI Housing Workgroup Meeting:** the group met twice in February and are now working on collecting individual stories as the strength in arguments comes from the families with the ultimate plan to present to the ministry.

• **HSJCC:** the last meeting we continued to discuss and ultimately finalized the work plan. I continue to sit on the Housing Committee as one of the work plan goals.

• Serving on the **Program Advisory Committee for the Toronto Rehabilitation Institute research program** “Traumatic Brain Injury at the margins: Addressing health inequities” led by Dr. Angela Colantonio. My participation will be to provide the perspective of persons with lived experience of brain injury and health navigation.

- **Upcoming Conferences, Education Opportunities:**

- *Hamilton Neurobehavioural Conference*, May 2 & 3, 2019 Theme: “Complex ABI and Mental Health & Addictions Cases”
- *International Brain Injury Association’s World Congress on Brain Injury* March 13-16, 2019, Toronto is hosting the World on IBIA’s 13th World Congress at the Sheraton Toronto Centre
- *Family & Education Services*, Mar. 19 - Apr. 30 – free 7 week series on topics related to treatment and recovery from ABI hosted by Parkwood in London via live webinar <https://www.sjhc.london.on.ca/abi>
- *HSJCC Conference “Colouring Outside the Lines”*; Nov. 4-6, 2019

3. PABIN Update

T. Kuchynski

ACTION: Will the send the PABIN minutes after next Wednesday’s meeting.

4. LHIN Update

V. Albert

System transformation – we know what you know. Business as usual.

Data analysis – looking at Champlain, our population, etc.

Hospital data – increases of incidence 11,000/year

Acute care hospitals discharging to LTCH has doubled. Twice as likely to have mental health issues.

Working on report to present to the Executive team. The report will outline the current state and present high level recommendations with ultimately exploring the possibility of receiving funding.

5. Strategic Priority Working Groups Update

ABI Quality Working Group

V. Albert

Waiting for all the data. Last month mapping exercise took place outlining the process including the initial contact and ending with the client waiting on a waitlist.

At the next meeting, the group will be working on outlining where the differences are and putting together some recommendations.

Housing

D. McKenny

Wendy M: City of Ottawa is more focused mental health and addictions. Suggests how to incorporate ABI.

Valerie: Where is the most need? Reducing ALC for people in the hospital. The complex respiratory file – mixing in populations including ABI. A lot of different needs so what level of needs are we looking at for housing?

Housing in a separate wing of a LTCH is being looked into by Valerie

It was agreed to that we will begin by meeting as a small housing workgroup.

ACTION: Darlene to send out a doodle poll

6. Old Business

i. **Review of Strategic Plan – Directions for the upcoming year**

ACTION: Tammy will send out the strategic plan to Coalition

7. New Business:

Questioning new health care system and the inclusion of ABI.

Important to be strategic so our sector is included in the planning of the “New” upcoming Super Agency.

8. Member Updates:

Lori St. Jean, CMHA: Absent

SAATO Ottawa Addictions Access & Referral Services (OAARS): Absent

Lauren Smith, CHEO: working on project Kids Health Alliance to ultimately improve their pediatric care.

Brain Injury is their first education initiative.

Darlene, Pathways: no update

Christie Swann, BIAOV: moving forward with transition project at Robin Easey Centre. BIAOV still struggling with creating new board members and volunteers. The Step Up Work Centre is operating 2 days/week. Looking at restructuring over the program over the summer. The Annual Golf Tournament is on June 19th hosted by Pat Fleming.

Patsy TOHRC: Transition Team: acute to community. As part of the funding to improve transition of patients from rehab hospital to home, we have implemented a pilot involving REC, Vista and Pathways. We are excited about this collaborative opportunity which has started in January. Goal is to reduce ALC days for ABI patients, create a smooth transition and front loaded support at home and reduce readmission to hospital.

2. Community transition project for individuals living in hospital. Progress is being made. The complexities of procuring accessible and affordable housing that meet municipal and provincial regulations is currently the challenge.

3. TBI Best practice guidelines: Dr Laura Rees has received funding to develop Patient Centred material and processes to improve transitions from rehab to community. It's part of a large Canadian collaborative and builds on the work we started with ONF last year on the PODS - Patient Oriented Discharge Summary. See link: *Bridge-to-Home Spread Collaborative: Partnering with Patients and Caregivers to Improve Quality and Patient Experience through Care Transitions*

Katie & Andrea, City of Ottawa: absent

Tammy K. – Vista Centre: Denis Boileau is our new Executive Director. Continue to look at different ways of service delivery to address the lengthy waitlists and times. Sending 4 staff to the International Brain Injury Conference in Toronto.

Michelle – Brain Injury Canada:

ABI Online Resource: Working on the development of a comprehensive and centralized information website of credible and evidence-based information, enabling us to build bridges, share knowledge and resources. The goal is to create a network of care for Canadians living with brain injury and their families looking for information, help and support. A resource like this would provide a sense of community, a place where anyone can go 24 hours a day for information, support, and ideas.

Medic Alert - Brain Injury Canada continues to develop its partnership with MedicAlert Canada. We are working on a resource to be provided to first responders (police, EMS and fire) to educate on ABI and some of the behaviours of those with ABI and tips on how to interact and deescalate. We encourage everyone to sign up for MedicAlert. They offer a financial assistance program to enable everyone to access the service. <https://www.medicalert.ca/braininjury>

Day of Collaboration: Brain injury associations and partners across Canada are setting June 5th, 2019 as a National Day of Collaboration. Plans are still in development for Ottawa, but we are hoping to get as many people as possible to Parliament Hill to make brain injury more visible. More details will be forward the group as they develop.

Brain Injury Canada Conference: After the great success of our last conference in October, the next Brain Injury Canada conference will be in Ottawa on Thursday April 30th and Friday May 1st, 2020. Mark it in your calendars.

IBIA World Congress on Brain Injury: This is taking place in Toronto from March 13-16. Brain Injury Canada, Brain Injury Society of Toronto and Ontario Brain Injury Association are collaborating to put on a Survivor and Family/Caregiver Workshop on Sunday March 17 as part of the Congress. Registration is only \$10.

Survivor Registration:

<http://events.r20.constantcontact.com/register/event?oeidk=a07eg1fequ66c470ce2&llr=qt9j9wlab>

Family/Caregiver Registration: -

<http://events.r20.constantcontact.com/register/event?oeidk=a07eg3vg38ma6268daf&llr=qt9j9wlab>

Ottawa Marathon: Brain Injury Canada is an official charity of the upcoming Ottawa Race Weekend. We are hoping to get a huge group of people out for any of the races with the goal of making ABI visible and bringing the community together. Click here for more info: <https://www.braininjurycanada.ca/ottawa-marathon/>

Wendy Muckle: no update

9. Late Submissions: n/a

10. Waitlists status: no reports

Next meetings:

June 7, 2019

Sept. 6, 2019

Dec. 6, 2019

Adjournment: 10:05 am.